



POISON ANTIDOTE



Utah Poison Control Center

585 Komas Drive
Salt Lake City, Utah 84108
1-800-222-1222



UNIVERSITY OF UTAH
COLLEGE OF PHARMACY

POISON
Help
1-800-222-1222



National Poison Prevention Week March 17-23, 2013

Every 8 seconds someone needs a poison center. Poison centers in the U.S. receive more than 10,000 calls each day. The purpose of National Poison Prevention Week is to raise awareness about the poisoning problem and encourage involvement in poison prevention. Join us in observing this important week by visiting our website to access resources that can be used to spread the message. Download lesson plans for all ages, sign up to receive newsletters, read current alerts and warnings, and learn poison prevention tips that can help keep you and your family safe.

www.utahpoisoncontrol.org



Free Materials

If you are interested in receiving free poison prevention materials to share with others, or to use for yourself and your family, it's never been easier! Free materials such as brochures, magnets or stickers with the poison control hotline number, and posters are available to order online. Visit our website and select "Order Materials" to get started.

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Safe Use of Acetaminophen

Acetaminophen is the most common drug ingredient in America and is found in over 600 different over-the-counter (OTC) and prescription medicines. It is sold as a single active ingredient in products such as Tylenol®, and is used in combination with other ingredients in products such as cough and cold medicines, sleep aids, allergy medicines, fever reducers, and pain relievers.

When used as directed, acetaminophen is safe and effective, but there is a limit to how much can be taken in one day. Acetaminophen is the leading cause of liver failure in the U.S. Most cases of severe liver injury occurred in patients who; took more than the prescribed dose in a 24 hour period, took more than one acetaminophen containing product at the same time, or drank alcohol while taking the drug. To avoid common pitfalls that could lead to an overdose, use the following steps to keep you and your family safe.

1. Always read and follow directions on the medicine label.
2. Know if your medicine contains acetaminophen. Ask a pharmacist or call poison control if you are unsure.
3. Never take two medicines that contain acetaminophen at the same time.
4. If the medicine is liquid, use the measuring tool that comes with the product rather than kitchen tools.
5. Talk with your health care provider, pharmacist or a specialist at the Utah Poison Control Center if you have questions about acetaminophen.
6. If you think you have taken too much acetaminophen call the Utah Poison Control Center at 1-800-222-1222. Calls are free, confidential and available any-time day or night.

Resources: FDA, otcsafety.org, knowyourdose.org