

# CARBON MONOXIDE



## The Silent Killer



### WHAT IS CARBON MONOXIDE?



A colorless, odorless, tasteless gas

When you breathe in carbon monoxide (CO) it makes it harder for your body to use oxygen to keep you alive

It is produced whenever fuel such as gas, oil, kerosene, wood, or charcoal is burned without enough oxygen to produce carbon dioxide

### SYMPTOMS OF CARBON MONOXIDE POISONING

Headache, nausea, dizziness

Shortness of breath



At high levels: vomiting, confusion, and loss of consciousness

### PREVENTION



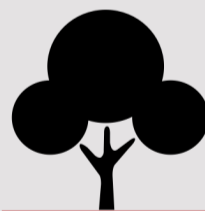
Never leave a vehicle running in an enclosed area



Have fuel burning equipment inspected annually



Install carbon monoxide detectors



Only use portable fuel burning equipment outside

### PLAY IT SAFE

If you suspect CO poisoning, get to fresh air immediately

If someone is unconscious, call 9-1-1

Otherwise, call the poison control center



**Free and confidential expert help is just a phone call away**  
**1-800-222-1222**