This checklist is designed to help parents identify potential hazards in the home. Take some time to go through it and learn what you should do to prevent poisonings.

**Poison Safety Checklist for Poison-Proofing Your Home**

Complete the following checklist. See if your home is safe from potential poisons. Check that all poisons are safely stored out of reach of children and pets.

**Check the kitchen:** Household cleaning products are the cause of over 10% of poisonings in children under the age of six.

*Be aware of these products:*
- Cleaners – carpet/upholstery cleaners, furniture polish, soap/detergents
- Corrosives – automatic dishwashing detergent, drain cleaners, ammonia, metal cleaners, oven cleaners
- Medicines – pain relievers (aspirin and acetaminophen), diet aids, vitamin/iron pills, pet medications

*What you should know:*
- Remove medicines from countertops, window sills, and open areas.
- Put safety latches on all drawers and cabinets where harmful products are stored (Applies throughout the home).
- Store household products away from food.

**Check the bathroom:** Medicines are the cause of over 40% of all poisonings.

*Be aware of these products:*
- Medicines
- Mouthwashes
- Fluoride Rinses
- Deodorizers
- Hair Products
- Aftershaves
- Cleaners
- Drain Openers
- Hair Removers
- Cosmetics – nail polish/removers, baby powder, perfumes

*What you should know:*
- Make sure that all medicines are in child-resistant containers and labeled properly.
- Dispose of old medicines properly.

**Check the bedroom:** Cosmetics and personal care products are the cause of 12% of poisonings in children under six.

*Be aware of these products:*
- Jewelry
- Medicines
- House plants – philodendron, dumbcane, pathos

*What you should know:*
- Remove all medicines from the dresser or bedside table.
- Keep all perfumes, cosmetics, and powders out of reach.

**Check the laundry area:** Bleaches are the most common household cleaning product swallowed by young children.

*Be aware of these products:*
- Bleach
- Laundry detergent
- Disinfectants

*What you should know:*
- Keep all products in original containers.
- Keep bleach, stain removers, detergents, and fabric softener out of reach or in a locked cabinet.

**Check the garage/basement/storage areas:** Household chemicals and insecticides are among the most common products that poison adults.

*Be aware of these products:*
- Antifreeze
- Lighter fluid
- Weed killer
- Pesticides
- Mothballs
- Gasoline/kerosene
- Paint remover/thinner/stripper

*What you should know:*
- Keep all products in their original containers.
- Keep insect sprays and weed killers in locked storage.
- Keep turpentine, paints, and rust removers in locked storage.

This information was provided by:
Utah Poison Control Center
585 Komas Dr., Suite 200
Salt Lake City, UT 84108
www.utahpoisoncontrol.org
(800) 222-1222 Toll Free
Poison Control Specialists available 24 hours, 7 days a week