



Did you know?

Every 30 seconds a child is poisoned in the United States.

Sixty percent (60%) of poison exposures in Utah occur in children under six years old.

Many poisonings occur when the product is in use.

The most common products involved in poisoning are:

- cosmetics and personal care items
- drugs (prescription and non-prescription)
- cleaning agents
- plants

Product label first-aid instructions may be incorrect or out of date.

There is NO such thing as childproof; only child-RESISTANT.

The Utah Poison Control Center (UPCC) is a 24-hour resource for poison information, clinical toxicology consultation, and poison prevention education. The UPCC is a program of the State of Utah and is administratively housed in the University of Utah College of Pharmacy. It is staffed 24 hours a day, 7 days a week, by registered pharmacists, nurses, and physicians with additional training in management of poisonings. The UPCC is nationally certified as a regional poison control center.



utahpoisoncontrol.org



@utahpoison



Utah Poison Control Center

University of Utah Health
College of Pharmacy, L. S. Skaggs Pharmacy Institute

UTAH POISON CONTROL CENTER BABYSITTER'S GUIDE

DO YOU KNOW
WHAT TO DO
IF A POISONING
OCCURS?





If a poisoning occurs...

- First of all, remain calm!
- Call the poison control center or a doctor right away. Have the following information ready:
 - ❑ How the child is feeling right now
 - ❑ Age and weight of the child
 - ❑ Name or description of the medicine or product
 - ❑ Amount taken
 - ❑ When it happened
 - ❑ Your name and phone number
- If the child is unconscious or having difficulty breathing, call 911 immediately!

**SKIP THE INTERNET
PICK UP THE PHONE AND CALL.
FREE, FAST, EXPERT HELP**

24 HOURS A DAY, 7 DAYS A WEEK.
1-800-222-1222

Be on the safe side

- Place the poison control number near telephones, and program it into your phone.
- Have the name and telephone number of a responsible adult nearby, in case of emergency.
- Do not leave children unattended.
- Be aware of all potential hazards in the home.
- Teach children to ask you first before putting anything in their mouth.
- Never call medicine "candy."
- Remember, small children can't read. Many poisons look like their favorite things.

Poison look-alikes

Many products around the house can be poisonous but look like something good to eat or drink. Be careful!

