



Poison centers give expert advice over the phone. We can help with poison emergencies and with questions about poisoning.

Call day or night, 7 days a week, any day of the year. Nurses, pharmacists, doctors, and other poison experts will answer your call.

We can help you in more than 150 languages or if you are hearing impaired.

**REACH A POISON  
CENTER BY CALLING  
1-800-222-1222  
FROM ANYWHERE IN  
THE US.**

### First Aid for Poisoning

If a person stops breathing, collapses, or has a seizure, **call 911 right away.**

#### Poison in the eyes

Rinse eyes with running water.  
Call your poison center at 1-800-222-1222.

#### Poison on the skin

Take off any clothing that the poison touched. Rinse skin with running water.  
Call your poison center at 1-800-222-1222.

#### Inhaled poison

Get to fresh air right away.  
Call your poison center at 1-800-222-1222.

#### Swallowed poison

Call your poison center at 1-800-222-1222.  
Do not try home remedies or try to make someone throw up.  
*Call your poison center first.*

For more information visit [www.aapcc.org](http://www.aapcc.org) or call your local poison center.



Free, fast,  
expert help.  
24 hours a day,  
7 days a week.



@utahpoison



Utah Poison Control Center

University of Utah Health  
College of Pharmacy, L. S. Skaggs Pharmacy Institute

UTAH POISON CONTROL CENTER  
**POISON CENTER HOTLINE**

EVERY 8 SECONDS  
SOMEONE NEEDS A  
POISON CENTER...  
COULD YOU BE NEXT?





## Know the dangers

Almost anything can be poisonous if used the wrong way, in the wrong amount, or by the wrong person.

### Potential poisons are everywhere:

- medicines (prescription, over-the-counter, herbal)
- street drugs
- household products for personal hygiene, cleaning, yard work, and car maintenance
- bites and stings
- mushrooms and plants
- fumes and gases

Taking the wrong amount of medicine or someone else's medicine, accidentally mixing cleaners, or having too much alcohol can all lead to poisoning.

## Call the Poison Center

Poisoning can happen to anyone, and poison centers are for everyone. Calling a poison center is free and private.

### Save money and time:

Poison specialists can resolve many issues right over the phone, helping you avoid a visit to the doctor or hospital.

### Doctors call the poison center too:

Health care providers call the poison center for help treating poisonings.

## We are the experts!

**SKIP THE INTERNET  
PICK UP THE PHONE AND CALL.  
FREE, FAST, EXPERT HELP**

24 HOURS A DAY, 7 DAYS A WEEK.  
**1-800-222-1222**

## Poison prevention tips

If you think someone has been poisoned, call **1-800-222-1222** right away. Serious poisonings don't always have early signs.

- Put 1-800-222-1222 in your mobile phone and keep the number posted near home and office phones.
- Keep medicines and household products in their original containers and separate from food.
- Always read labels and follow directions.
- Keep household products and medicines locked up where kids can't see or reach them.
- Use child-resistant packaging. But remember, nothing is childproof!
- Never call medicine "candy."
- Poisons may look like food or drink. Teach children to ask an adult before tasting anything.
- Talk to your children and teens about the dangers of using drugs or other products to "get high."
- Have a working carbon monoxide alarm in your home.