

Each year the Utah Poison Control Center receives more than 25,000 phone calls about children who have eaten, inhaled or touched dangerous household products.

ACCIDENTS ARE PREVENTABLE!

Here are some reminders to help you keep children safe.

Helpful Hints...

- 1 Use products with child-resistant caps. Remember that child-resistant is not child proof. Given enough time, children can open most containers.
- 2 Most accidents occur while products are in use. Keep items in your hands or in a safe storage place.
- 3 Keep products in original containers. Children will drink from familiar containers—like sports drink bottles—even if they do not know what is in them.
- 4 Do not allow children to play with medicine containers.
- 5 Do not take medicine in front of children.
- 6 Be aware of medicines used by family and friends. They may need help planning safe storage.

Be vigilant. Many children who are poisoned have been taught to avoid dangerous substances. Children are also capable of climbing and reaching.

The Utah Poison Control Center (UPCC) is a 24-hour resource for poison information, clinical toxicology consultation, and poison prevention education. The UPCC is a program of the State of Utah and is administratively housed in the University of Utah College of Pharmacy. It is staffed 24 hours a day, 7 days a week, by registered pharmacists, nurses, and physicians with additional training in management of poisonings. The UPCC is nationally certified as a regional poison control center.



utahpoisoncontrol.org



University of Utah Health
College of Pharmacy, L. S. Skaggs Pharmacy Institute

UTAH POISON CONTROL CENTER
PREVENTING ACCIDENTS

IN YOUR
HANDS OR
OUT OF
REACH





Potentially Harmful Products

CLEANERS: bleach, drain openers, polishes, soaps and detergents, carpet/upholstery cleaners, ammonia, metal cleaners, oven cleaners

MEDICINES: (prescribed or over-the-counter) pain relievers, diet pills, allergy and cold medicines, vitamins, pet medications, creams, and medicines made for children

COSMETICS: aftershave, mouthwash, nail polishes and removers, fluoride rinses, hair products, perfumes, baby powder

COMMON HOUSE PLANTS: philodendron, dumbcane, and pothos

CHOKING HAZARDS: jewelry, small toys or foods, coins, batteries, and magnets

OTHER ITEMS: insect and weed sprays, antifreeze, mothballs, lighter fluid, gasoline, kerosene, and windshield wiper fluid

Household Checklist

KITCHEN

- ☐ Store cleaners and medicines away from food.
- ☐ Do not place products or medicines on counter tops, window sills, or in open areas.
- ☐ Put safety latches on cabinets and drawers where harmful products are stored.

BATHROOM

- ☐ Store all medicines, cleaners, cosmetics, and other products out of reach and in cabinets with safety latches.
- ☐ Use child-resistant caps on all medicines. Ensure that lids close properly.
- ☐ Dispose of expired medicines properly. Visit useonlyasdirected.org for more information including take back locations.

BEDROOM/LIVING ROOM

- ☐ Place plants out of child's reach.
- ☐ Keep small items such as jewelry out of reach.
- ☐ Do not put medicines on nightstands or other low surfaces. Keep them in original containers in locked cabinets.

LAUNDRY/CLEANING

- ☐ Make sure all products are in original containers and labeled.
- ☐ Keep bleach and other cleaning products out of reach and in a locked cabinet.

STORAGE AREAS (including outside storage)

- ☐ Make sure all products are in original containers and labeled.
- ☐ Keep bug spray, weed killer, paint thinner and other chemicals out of reach and in a locked cabinet.

IN EVERY ROOM

- ☐ Look around at "kid level." What will a child be able to reach when sitting, crawling, standing, walking or climbing? Note plug-in air fresheners, plants, decorative items as well as cleaning products, and medicines.

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1-800-222-1222**