Did You Know That ....

• Every 30 seconds a child is poisoned in the United States.
• Sixty percent (60%) of exposures reported to the Utah Poison Control Center occur in children under the age of six.
• Many poisonings occur when the product is in use.
• The most common products involved in poisoning are: drugs (prescription and non-prescription), cleaning agents, plants, and cosmetics.
• Products may have first-aid instructions that are incorrect or out of date.
• Child proof caps are not really child PROOF! They are only child RESISTANT.

The UPCC is a 24-hour resource for poison information, clinical toxicology consultation, and poison prevention education. The UPCC is a program of the University of Utah, College of Pharmacy. It is staffed twenty-four hours a day with registered pharmacists, nurses, and physicians with additional training in clinical toxicology. The UPCC is nationally recognized as a Certified Regional Poison Control Center by the American Association of Poison Control Centers.

Utah Poison Control Center
585 Komas Drive, Suite 200
Salt Lake City, UT 84108

Do you know what to do if a poisoning occurs?

The University of Utah
Utah Poison Control Center

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If Poisoning Occurs

1. First of all, remain calm!

2. Call the poison control center or your doctor. Have the following information ready:
   - How the child is feeling right now
   - Age and weight of child
   - Name or description of medicine or product
   - The amount taken
   - When it happened
   - Your name and phone number

3. The poison control center or your doctor will tell you what to do next.

4. If the child is unconscious or having difficulty breathing, call 9-1-1.

Poison Hotline
1-800-222-1222

Deadly in a Dose

Drugs and chemicals that could kill a toddler in small doses:
- strong pain medicine
- some blood pressure and heart rhythm medications
- some antidepressants
- oral diabetic medications
- iron supplements
- anti-freeze and windshield washing fluid

Common Look-A-Likes
- Apple juice & pine cleaner
- Blue fruit drink & window cleaner
- Lemonade & nail polish remover
- Breath mints & moth balls
- Candy tarts & children’s vitamins