

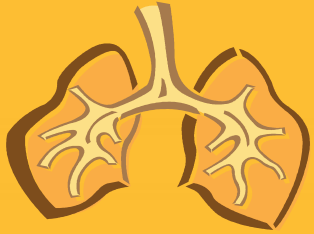


# Utah Poison Control Center



## Babysitter's Guide to Poison Prevention

# What is a Poison?



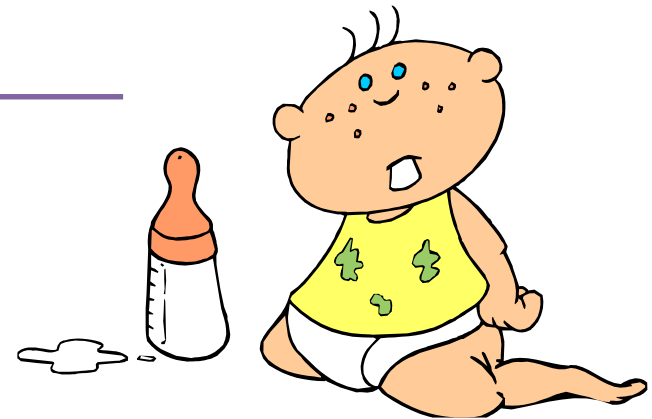
- Anything someone eats, breathes, gets in the eyes or on the skin, which can cause sickness or death if it gets into or on the body.
- Poisons come in different forms
  - Solid
  - Liquid
  - Gas/Spray

# The Poison Problem

Utah Poison Control receives approximately 40,000 calls each year

About 60% of poisonings involve children who are less than 6 years old

Most poisonings happen at home





# Poisons are Everywhere

## Laundry area

- Bleach, laundry detergent, laundry packets, spot remover

## Garage/basement/storage area

- Gasoline, weed killer, antifreeze, pesticides

## Outside

- Plants, mushrooms

## Kitchen

- Cleaners, detergents, medicine

## Bathroom

- Cosmetics, medicine, mouthwash, hair products

## Bedroom

- Jewelry, plants, medicine





# What is Poisoning Kids?

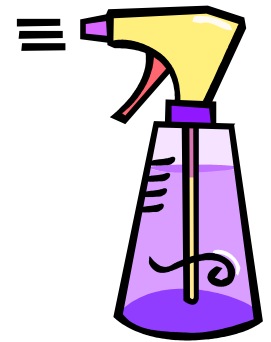
## Cosmetics & Personal Care Items

- Mouthwash, toothpaste, nail products, perfume, shampoo, make-up etc.



## Household Cleaners

- Bleach, drain and toilet bowl cleaner, laundry products, laundry packets, window cleaner, dish detergent, oven cleaner etc.





# What is Poisoning Kids?

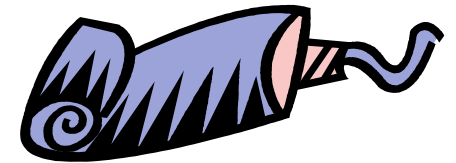
## Medicine and Vitamins

- Pain medicine, cough and cold medicine, vitamins, medicine for upset stomach



## Topicals

- Diaper rash cream, acne medicine, cortisone cream, athletic rub



## Foreign Bodies

- Coins, button batteries, small magnets

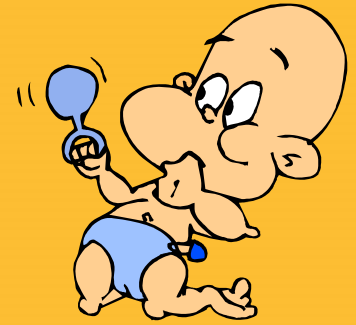




# Things look alike!



# Why are Kids at Risk?



## Child's curious nature

- Explore, taste, and touch to learn

## Improper storage

- Poisons within the reach of children

## Caregiver distractions

- Telephones, doorbells, meal preparation, etc.
- Most poisonings occur when the product is in use



# Lets Prevent Poisonings!



**Keep poisons out of the reach of children**

**Do not leave children alone or unattended**

**Be aware of all possible hazards in the home**

**There is no such thing as “child proof”**

**Teach children to ask first before putting anything in their mouth**

**Never call medicine candy**



# What if someone is poisoned?

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Stay calm, but don't wait for the person to look or feel sick; some poisonings have delayed effects

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If the person is unconscious, having convulsions, or difficulty breathing; call 911

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Otherwise call poison control at 1-800-222-1222

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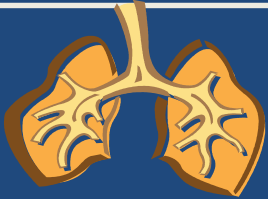


# First Aid for Poisoning



## Swallowed poison

- Do not give anything, call the poison control center



## Inhaled poison

- Get victim to fresh air, call poison control center



## Poison on skin

- Remove contaminated clothing and rinse skin with water for 10 minutes, call the poison control center



## Poison in eye

- Flush eye for 15 minutes using a large cup filled with lukewarm water held 2-4 inches from eye, call the poison control center

# Calling Poison Control

## Questions the UPCC specialist may ask:

- How the person is feeling or acting
- Age and weight of person
- Name/description of medicine, product or plant (have container with you)
- Amount taken
- When it happened
- Name and phone number



# Poison Control is...



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Free and confidential

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Available 24/7 every day of the year

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The place to call for poison help

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Staffed by nurses and pharmacists who answer the phones and want to help you

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Don't be afraid to call! Only the people helping you will know your name

# Conclusion

Poisons are all around us. We come in contact with them every day.

Awareness and simple safety precautions can help keep the kids we care for safe

Take action—check the house for possible dangers

Never hesitate to call Poison Control for help

