

## CALL THE POISON CENTER

Poisoning can happen to anyone at any age. Poison centers are for everyone, not just young children. In fact, **every 8 seconds someone needs a poison center**. Fortunately, calling a poison center is fast, free, and confidential.



### Save time and money

Poison specialists can help solve many issues right over the phone. This may save you a visit to the doctor or hospital.

### Medical Doctors call the poison center, too

Health care providers call the poison center for help treating their poisoned patients.



SKIP THE INTERNET.  
PICK UP THE PHONE AND CALL.

FREE, FAST, EXPERT HELP  
24 HOURS A DAY,  
7 DAYS A WEEK.

**1-800-222-1222**

The Utah Poison Control Center provides immediate treatment advice for poison emergencies. Pharmacists, nurses, and medical doctors are available 24 hours a day as a resource for people of all ages. All services are free and confidential, and help is available in more than 150 languages.



*Free, fast, expert help.*  
**24 hours a day. 7 days a week.**



Scan to save the Poison Help number  
and to get more resources.



@utahpoison | Utah Poison Control Center  
[www.UtahPoisonControl.org](http://www.UtahPoisonControl.org)

University of Utah Health  
College of Pharmacy, L.S. Skaggs Pharmacy Institute



# Poison Center Hotline

## Utah Poison Control Center

**POISON  
HELP**  
1-800-222-1222



**HEALTH**  
UNIVERSITY OF UTAH

## KNOW THE DANGERS

Almost anything can be poisonous if used the wrong way, in the wrong amount, or by the wrong person. Taking the wrong amount of medicine or someone else's medicine, mixing cleaners, or having too much alcohol can also lead to poisoning.

### Potential Poisons



**Medicines (prescription, over-the counter, herbal)**



**Other drugs**



**Household products for personal care, cleaning, yard work, and car maintenance**



**Bites and stings**



**Mushrooms and plants**



**Fumes and gases**

## POISON PREVENTION TIPS

If you think someone has been poisoned, call **1-800-222-1222** right away. A person who is poisoned does not always show symptoms right away.

### Keep your home safe

- Save 1-800-222-1222 in your cell phone as your poison control contact. Keep the number posted on the fridge or near home and office phones in case of a poison emergency.
- Keep medicines and household products in their original containers away from food.
- Always read labels on products or medicines and follow directions for safe use.
- Have a carbon monoxide alarm in your home. Regularly replace batteries and make sure it is working properly.



### Watch out for children

- Keep household products and medicines locked up where kids can't see or reach them.
- Use child-resistant packaging. But remember, nothing is childproof!
- Never call medicine "candy."
- Poisons may look like food or drink. Teach children to ask an adult before tasting anything.
- Talk to children and teens about the dangers of using drugs or other products to "get high" or to take part in a dare.

## FIRST AID FOR POISONING

If a person stops breathing, collapses, or has a seizure, call **911** right away.

**For all the following situations, call your poison center at 1-800-222-1222.**



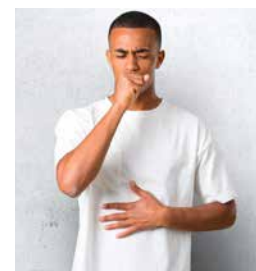
### Poison in the eyes

Rinse eyes with running water and call the poison center.



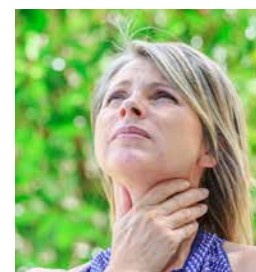
### Poison on the skin

Take off any clothing that the poison touched. Rinse skin with running water and call the poison center.



### Inhaled poison

Get to fresh air right away and call the poison center.



### Swallowed poison

Do not try home remedies or try to make someone throw up. Call your poison center first.

**CALL 1-800-222-1222 FOR POISON EMERGENCIES AND POISON QUESTIONS**